

## **Sources for Career-Life Balance**

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1. *Balancing Parenthood and Academia: Work/Family Stress as Influenced by Gender and Tenure Status*, Elizabeth M. O'Laughlin and Lisa G. Bischoff, *Journal of Family Issues*, 2005, 26, 79-106, on-line at <http://jfi.sagepub.com/cgi/content/abstract/26/1/79>
  2. *Balancing Faculty Careers and Family Work*, *Academe*, Nov-Dec 2004, Vol. 90, No. 6 (entire issue), AAUP, on-line at <http://www.jstor.org/stable/i40009854>
  3. *Mothers on the Fast Track: How a New Generation Can Balance Family and Careers*, Mary Ann Mason and Eve Mason Ekman, Oxford University Press, 2007, ISBN 9780195373691.
  4. Balancing career and family ScienceCareers: <http://www.sciencemag.org/careers/2015/07/balancing-career-and-family>
  5. *Making Choices: Finding Your Balance*, from *On the Cutting Edge*, Professional Resources for Geoscience Faculty <http://serc.carleton.edu/NAGTWorkshops/earlycareer/balance/>
  6. The superwoman fallacy: what it really takes to be an academic and parent <https://www.theguardian.com/higher-education-network/blog/2012/aug/17/academic-careers-work-life-balance>
  7. Work Hours, Work-Life Conflict, and Well-Being in Academics  
Do male and female academics differ?  
<https://www.psychologytoday.com/blog/in-one-lifespan/201504/work-hours-work-life-conflict-and-well-being-in-academics>
- publication:  
Hogan, V., Hogan, M.J., Hodgins, M., Kinman, G., & Bunting, B.P. (2015). An examination of gender differences in the impact of individual and organizational factors on work hours, work-life conflict, and psychological strain in academics. *Irish Journal of Psychology*:  
<http://www.tandfonline.com/doi/full/10.1080/03033910.2015.1011193>
8. *Juggling Job and Family: Balancing Home Life and Careers*, Susan Steinberg, MD, Columbia University: A recorded presentation from the EB 2006 Mentoring Symposium on things that make a difference when balancing job and family and lessons learned from the experience.  
talk: <http://www.the-aps.org/articulate/Careers/EBSymposia/EB2006talks/Women%20Symposia/Steinberg%20talk/p/layer.html>
- ppt: [www.lifescitrc.org/download.cfm?submissionID=5729](http://www.lifescitrc.org/download.cfm?submissionID=5729)