

Sources for developing an Individual Career Development Plan

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1. Postdoctoral ICDP why, how:

<http://torontopostdoc.googlepages.com/AssistingPostdocScholarsinIDPs.ppt>

2. Interactive on-line tools

Federation of American Societies for Experimental Biology (FASEB)'s Science Policy Committee: provide an interactive on-line career planning tool *My Individual Development Plan*:

<http://faseb.org/Professional-Development-and-Diversity-Resources/Professional-Development-and-Career-Resources/My-Individual-Development-Plan--myIDP-.aspx>

Science Careers (AAAS):

<http://myidp.sciencecareers.org/>

3. Steps in preparing one for postdocs:

From University of Minnesota

<https://postdocs.usc.edu/files/2015/10/Postdoc-IDP.doc>

From FASEB:

<http://www.faseb.org/portals/2/pdfs/opa/idp.pdf>

From Stanford University:

<http://postdocs.stanford.edu/idp/>

From Johns Hopkins University:

<http://cellbio.jhmi.edu/sites/default/files/Cell%20Biology%20IDP%20Form%20for%20Post-doc%20Fellows.pdf>

4. Examples

UCLA example

<http://www.gdnet.ucla.edu/gss/postdoc/pdcareerplan.pdf>

Oregon State University example :

http://oregonstate.edu/dept/grad_school/docs/postdocs/postdocs-individual-development-plan-example.pdf

University of Southern California example

<https://postdocs.usc.edu/files/2015/10/Sciences1.pdf>